

## THE VISITATION

May 31

### The Collect

#### *Traditional*

Father in heaven, by whose grace the virgin mother of thy incarnate Son was blessed in bearing him, but still more blessed in keeping thy word: Grant us who honor the exaltation of her lowliness to follow the example of her devotion to thy will; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

#### *Contemporary*

Father in heaven, by your grace the virgin mother of your incarnate Son was blessed in bearing him, but still more blessed in keeping your word: Grant us who honor the exaltation of her lowliness to follow the example of her devotion to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### The Old Testament Lesson

#### *Zephaniah 3:14-18a*

Sing aloud, O daughter of Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter of Jerusalem! The LORD has taken away the judgments against you, he has cast out your enemies. The King of Israel, the LORD, is in your midst; you shall fear evil no more. On that day it shall be said to Jerusalem: "Do not fear, O Zion; let not your hands grow weak. The LORD, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love; he will exult over you with loud singing as on a day of festival."

### Psalm 113

<sup>1</sup> Hallelujah!

Give praise, you servants of the LORD; \*  
praise the Name of the LORD.

<sup>2</sup> Let the Name of the LORD be blessed, \*  
from this time forth for evermore.

<sup>3</sup> From the rising of the sun to its going down \*  
let the Name of the LORD be praised.

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<sup>4</sup> The LORD is high above all nations, \*  
and his glory above the heavens.

<sup>5</sup> Who is like the LORD our God, who sits enthroned on high \*  
but stoops to behold the heavens and the earth?

<sup>6</sup> He takes up the weak out of the dust \*  
and lifts up the poor from the ashes.

<sup>7</sup> He sets them with the princes, \*  
with the princes of his people.

<sup>8</sup> He makes the woman of a childless house \*  
to be a joyful mother of children.

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### The Epistle

*Colossians 3:12-17*

Put on then, as God's chosen ones, holy and beloved, compassion, kindness, lowliness, meekness, and patience, forbearing one another and, if one has a complaint against another, forgiving each other; as the LORD has forgiven you, so you also must forgive. And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly, teach and admonish one another in all wisdom, and sing psalms and hymns and spiritual songs with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

### The Gospel

*Luke 1:39-49*

In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord." And Mary said, "My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name."

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