

THE FIRST SUNDAY IN LENT

March 10, 2019

The Collect

Traditional

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our LORD, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

Contemporary

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our LORD, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The Old Testament Lesson

Deuteronomy 26:1-11

(These are the words that Moses spoke to all Israel:) "When you come into the land which the LORD your God gives you for an inheritance, and have taken possession of it, and live in it, you shall take some of the first of all the fruit of the ground, which you harvest from your land that the LORD your God gives you, and you shall put it in a basket, and you shall go to the place which the LORD your God will choose, to make his name to dwell there. And you shall go to the priest who is in office at that time, and say to him, 'I declare this day to the LORD your God that I have come into the land which the LORD swore to our fathers to give us.' Then the priest shall take the basket from your hand, and set it down before the altar of the LORD your God. And you shall make response before the LORD your God. 'A wandering Aramean was my father; and he went down into Egypt and sojourned there, few in number; and there he became a nation, great, mighty, and populous. And the Egyptians treated us harshly, and afflicted us, and laid upon us hard bondage. Then we cried to the LORD the God of our fathers, and the LORD heard our voice, and saw our affliction, our toil, and our oppression; and the LORD brought us out of Egypt with a mighty hand and an outstretched arm, with great terror, with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and

honey. And behold, now I bring the first of the fruit of the ground, which thou, O LORD, hast given me.' And you shall set it down before the LORD your God, and worship before the LORD your God; and you shall rejoice in all the good which the LORD your God has given to you and to your house, you, and the Levite, and the sojourner who is among you."

Psalm 91:9-15

⁹ Because you have made the LORD your refuge, *
and the Most High your habitation,
¹⁰ There shall no evil happen to you, *
neither shall any plague come near your dwelling.
¹¹ For he shall give his angels charge over you, *
to keep you in all your ways.
¹² They shall bear you in their hands, *
lest you dash your foot against a stone.
¹³ You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent
under your feet.
¹⁴ Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.
¹⁵ He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.

The Epistle

Romans 10:5-13

Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and bestows his riches upon all who call upon him. For, "every one who calls upon the name of the Lord will be saved."

The Gospel

Luke 4:1-13

[And after his baptism,] Jesus, full of the Holy Spirit, returned from the Jordan, and was led by the Spirit for forty days in the wilderness, tempted by the devil. And he ate nothing in those days; and when they were ended, he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." And Jesus answered him, "It is written, 'Man shall not live by bread alone.'" And the devil took him up, and showed him all the kingdoms of the world in a moment of time, and said to him, "To you I will give all this authority and their glory; for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it shall all be yours." And Jesus answered him, "It is written, 'You shall worship the Lord your God, and him only shall you serve.'" And he took him to Jerusalem, and set him on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down from here; for it is written, 'He will give his angels charge of you, to guard you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.'" And Jesus answered him, "It is said, 'You shall not tempt the Lord your God.'" And when the devil had ended every temptation, he departed from him until an opportune time.