



## **A Rule of Life**

It is the expectation of the Commission on Ministry that all Candidates for the Office of Deaconess have a Rule of Life that includes the use of a Spiritual Director. A Rule of Life is a discipline by which one orders her worship, work, and leisure. It includes a commitment to reading Scripture, prayer, worship, witness, service, self-denial and faithful stewardship of one's time, money, and possessions. As such, we expect at a minimum such a rule to include weekly attendance at Sunday Eucharist, regular daily prayers, daily Scripture reading as well as adopting the tithe as the standard of giving. If you have any questions about a Rule of Life, daily prayers, or other aspect of the spiritual life of the Deaconess, ask your Spiritual Director or any of the members of the Commission on Ministry.